



KITCHEN CAPERS: Nima Barner and Patrick Biddlecombe cook a variety of meals for the recipients of Meals on Wheels.

Mission Beach Meals on Wheels needs volunteers

Mission Beach Meals on Wheels is calling for volunteers to help with cooking and food deliveries.

Meals on Wheels chef Patrick Biddlecombe said it is very difficult to find people willing to volunteer their time to help with the meals.

"It doesn't matter if it is only one day a month, it all helps," he said.

The organisation provides meals to the

elderly and frail in El Arish and the Mission Beach area.

The volunteers presently assist between nine and 11 people with their meals each day the service operates (Monday, Wednesday and Friday).

"There are a lot of people out there who are entitled to the service but they are stubborn," Mr Biddlecombe said.

"The people who receive the service are referred by domiciliary nurses, general practitioners, family and friends and the Aged Care Assessment Team.

"Of course, they are elderly and frail and unable to cook for themselves.

Volunteers can call Meals on Wheels President Patricia Coco on 4068 8232 for information.